Thomas Russell Junior School

Monday 1st June 2020

Welcome back. We hope you had a relaxing half term 😊

This week, please keep a look out for a suitable rock or stone on your daily walk or in your garden, ready for Thursday's wellbeing activity where we will be decorating them.

9 – 9.30am	'PE with Joe' Start the day with some action! A 30 minute workout with Joe Wicks on YouTube. http://www.youtube.com/user/thebodycoach1 Or, if you fancy a change from Joe, why not try this challenge for the week: How many.... skips can you do in 60seconds? hops on right leg in 60 seconds? hops on left leg in 60 seconds? star jumps in 60 seconds? squats in 60 seconds? bounce the ball on a tennis racket in 60seconds? throw and catches with a partner in 60 seconds? Try these every day and see if you can improve on your score by the end of the week!
9.30 – 10am	This week, our carousel slot will focus on maths as we revisit time and converting units of time. Try the following MyMaths homework task: https://app.mymaths.co.uk/1760-homework/time-1 Don't forget to try the task again if you don't get 100% first time. 😊
10 – 11am	English. I hope you all had a good half term. For the next few weeks in English we will be looking at David Walliams' books in our unit called 'Stories with Humour'. Reading Mr Stink will count as your class reading activities. There will also be some SPaG activities set on SPaG.com

	Pronouns: Today we will recap on pronouns and why getting the right balance of pronouns in our work is important to help it flow and also make it clear who or what we are speaking about. We are also reading or listening to chapters 1,2 and 3 of Mr Stink. If you would rather access the PowerPoint via YouTube, use the following link: https://youtu.be/KLT8UicRePI
11.15 – 12.15pm	Maths. L.O. Revise 2D shapes and their properties. Work through the PowerPoint to recap polygons and properties of different polygons. The PPT also includes the following videos from BBC bitesize: https://www.bbc.co.uk/bitesize/topics/zvmxsbk/articles/z98n4qt https://www.bbc.co.uk/bitesize/topics/zrhp34j/articles/z8t72p3 Once you have completed the PowerPoint, use this link to play the sorting shapes in a Carroll Diagram game: https://mathsframe.co.uk/en/resources/resource/75/shapes_sort_carroll# (you may need to scroll down a little to see the game). Play at least 4 games and choose a different criteria/pair of criteria from this list each time: - is it a scalene triangle? - is it an isosceles triangle? - does it have one or more lines of symmetry? - does it have parallel sides? - is it a regular shape & does it have one or more lines of symmetry? - is it a hexagon & does it have an acute angle? - is it a heptagon & does it have parallel sides? - does it have two or more lines of symmetry & does it have an acute angle? - does it have parallel sides & does it have two or more lines of symmetry? Note: the criteria get harder as you move down the list. Choose games which will challenge you. 😊 If you would rather access the PowerPoint via YouTube, use this link: https://youtu.be/Fh0tvAIkBy0
Lunchtime!	**Start the week with a stretch:** Kick off the week relaxing and chilling. Put on some calm music, close your eyes and focus on your breathing. Place your hands on your tummy and slowly inhale, hold for 5 secs, then exhale. Then stand up straight and raise your arms in the air above your head and feel the stretch all the way down to your toes. Fold yourself over and touch your toes – feel the tension leave your body.

1.15 – 2.15pm	ASSEMBLY TIME This week, we will be carrying on with our 'safety' theme. Go to https://learnliveuk.com/safesound/and scroll down until you see the video called 'Safe+Sound Week 2 Broadcast on Demand':  Watch the video which features safety talks from the Green Cross Code, Relax Kids, GIST and Network Rail. Once you have watched it, use the ideas from one of the sections to make your own safety or advice broadcast. We'd love to see your videos! Send them to Miss Branson cbranson@thomasrussell-junior.staffs.sch.uk, email your teacher, or questions@thomasrussell-junior.staffs.sch.uk.
2.30 – 3.30pm	Geography – Our new unit is all about settlements. Work through the PowerPoint information and questions. If you would rather access the PowerPoint via YouTube, use this link: https://youtu.be/t8E4m0mN3JM You will be asked to sort cards into piles on slide 6 – these are a separate document. You don't have to print them out, you can write them on paper. There is a final activity sheet for you to complete. You can choose the level from *, ** or *** depending on the challenge you would like to tackle. Again, you don't have to print this sheet, you can always write your answers on paper/ type them up on Word. Send your final work to lvardy@thomasrussell-junior.staffs.sch.uk